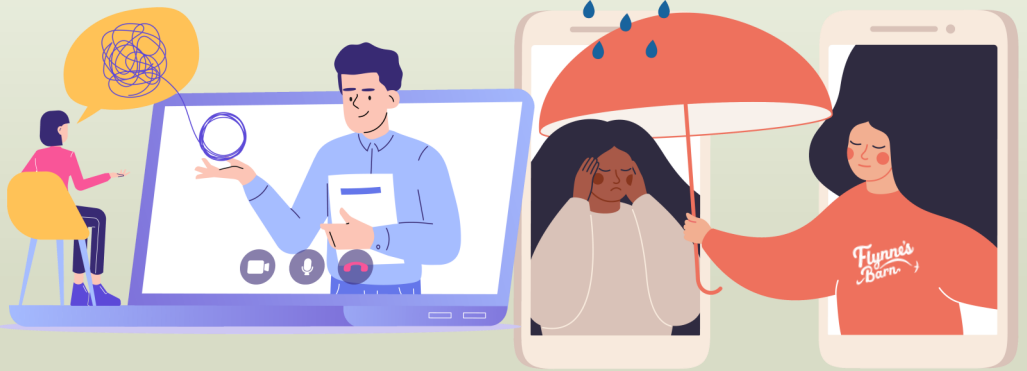


# NEED TO TALK?



We offer free counselling for young people aged up to 25 and living with cancer. Online peer support group and family support also available.

You can talk to a qualified counsellor. All sessions are confidential and can take place online or by phone.



Why not get in touch?

Call: 01768 800 686

Email: [referral@flynnesbarn.org](mailto:referral@flynnesbarn.org)

[www.flynnesbarn.org/counselling](http://www.flynnesbarn.org/counselling)

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THE NATIONAL LOTTERY  
COMMUNITY FUND



HM Government

...FOR YOUNG PEOPLE LIVING WITH CANCER

Thorneythwaite Farm, Borrowdale, Keswick, Cumbria, CA12 5XQ. Registered charity number 1177897



**Flynn's Barn** is a charity for young people living with cancer. Since July 2020 we have been offering counselling and family support as part of our services.

Sometimes it's helpful to talk to someone outside of your family and friends. Counselling can seem like a big step but it can offer a safe place to cope with the difficulties that come with a cancer diagnosis. We will always work together so that sessions are suited to you.

Very kind and respectful, very good listener and will take the time for any questions or worries that you have. It was my first time doing this so it was a good experience.

I loved the support that I've received. I've always felt so listened to and never judged. It's been amazing, I can't thank you enough.

## Client feedback



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